

How to find us

Our centre is located in Chiswell Green, St Albans, Herts next to the Co-op.



If you are travelling by bus, visit tfl.gov.uk/modes/buses/ for bus information.



You can park on the side roads around the centre, or we have a small car park at the front of the centre.



If you are travelling by train, you can find directions on Google Maps.

Specialist Orthodontics

The Art of Dental Excellence

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UK Dental Specialists
at Chiswell Green

Smile with confidence

A great smile is one of the first things that people notice about you.

Avoiding a smile or putting your hands up to your mouth when you laugh are all symptoms of your self-consciousness about crooked teeth.

Anyone can smile with confidence with modern orthodontics which specialises in straightening and realignment of teeth and jaws.

People of any age are able to benefit from orthodontic treatment.

Taking care of your teeth sends the message that you are taking care of yourself, reflecting self-respect and confidence.

Orthodontic treatment is not only a cosmetic treatment. Having aligned teeth can facilitate cleaning and promote a healthier oral environment.

The orthodontic appliances of today provide greater comfort and style than in the past. From clear ceramic fixed braces to invisible aligner systems, our orthodontist can help you decide which style of braces is right for you.

Finance

UK Dental Specialists offer a range of monthly finance options to choose from. Our affordable monthly payment plans mean you can arrange your payments to suit your individual budget. Please note the finance must be arranged, and all paperwork needs to be completed, prior to commencing any treatment.

Frequently asked questions

Before you come to see the orthodontist you may have some questions you would like answered about your first visit.

Why have I been referred to the orthodontist?

Your dentist would like specialist advice about the position of your teeth. The orthodontist will advise whether you would benefit from orthodontic treatment.

What is orthodontic treatment?

Orthodontic treatment involves the wearing of braces (removable or fixed) commonly made of ceramic or metal. Invisible aligners are made from a thermoplastic material.

Braces can slowly move teeth to a new desirable position. Occasionally it may involve the extraction of teeth, and very occasionally jaw surgery.

Why might I need orthodontic treatment?

There are 3 main reasons for having orthodontic treatment:

- ✔ To improve the appearance of the teeth.
- ✔ To improve function of the teeth, for example to make it easier to eat.
- ✔ To improve the health of the teeth and gums.

How long does orthodontic treatment take?

The average treatment time is 18 months, though this depends on how much work is required to straighten your teeth. You will be required to attend regular appointments during this time.

Frequently asked questions

At what age can people have orthodontic treatment?

Children and adults can both benefit from orthodontics, as healthy teeth can be moved at almost any age.

What will happen at my first appointment?

It is likely the orthodontist will have a look at your mouth and teeth using a small mouth mirror and a ruler. X-rays, photographs and moulds (impressions) may also be taken. All of these measurements and records will help the orthodontist decide which is the best treatment for you.

What will happen next?

The orthodontist is able to use all the records to formalise a treatment plan that address your needs. There will be an indepth discussion about the different orthodontic appliance systems available and how treatment is likely to progress.

What happens if I am ready to start treatment?

The orthodontist will explain:

1. The options for treatment and which is the best for you.
2. The pros and cons of treatment.
3. The length of time the treatment will take.
4. The commitment needed on your part if treatment is to be successful.
5. When you can expect the treatment to begin.

